

UnitedHealthcare Community Plan Louisiana

1st Quarter Member Advisory Council Meeting

March 10, 2020

TELECONFERENCE:

Toll Free - (866) 469-3239 Pass Code - 827 190 708

HEALTH PLAN CONTACT:

Brad Grundmeyer
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UHC Staff	Title	Present
Brad Grundmeyer	Vice President of Sales, Marketing & Community Outreach	Х
Melanie Thompson	Marketing Specialist I	Х
Deb Junot	Director Medical Clinical Quality	Х
Larry Smith	Compliance Officer	Х
Akilah Taylor	Marketing Manager	Х
Rhonda Winbush	Community Outreach Specialist	Х
Tiffany Page	Behavioral Health	X
Angela Olden	Chief Operations Officer	Х
Felice Hill	Clinical Program Consultant	Х
William Duckworth	Senior Clinical Quality, RN	Х
Paula Morris	Manager, Clinical Quality	Х
Deborah Jones	Community Outreach Specialist	Х
Guest Name		Present
F.H.	Guest	Х
D.S.	Guest	Х

Minutes Submitted By:		Minutes Approved By:	
Bund Bund			
Brad Grundmeyer, VP of Mktg & Outreach	Date	Karl Lirette, CEO	Date





TOPIC: Roll Call / Meeting to Order	PRESENTER: B. Grundmeyer			
DISCUSSION	RECOMMENDATIONS	ACTIONS/ASSIGNMENTS	DATE DUE	DATE TO MAC
Brad Grundmeyer called the meeting to order at 6:02 pm for the Member Council Advisory Meeting.	N/A			

TOPIC: Confidentiality Statement / Agreement	PRESENTER: M. Thompson			
DISCUSSION	RECOMMENDATIONS	ACTIONS/ASSIGNMENTS	DATE DUE	DATE TO MAC
Melanie Thompson read the confidentiality statement and attendees confirmed their understanding of the statement. All participate agreed:	N/A	Confidentiality Statement read and agreed by all participants		

TOPIC: Introductions	PRESENTER: All			
DISCUSSION:	RECOMMENDATIONS	ACTIONS/ASSIGNMENTS	DATE DUE	DATE TO MAC
All members present on the phone introduced themselves.	N/A	Introductions		

TOPIC: Review and Approve 4th Quarter – December 2019 Meeting Minutes	PRESENTER: B. Grundmeyer			
DISCUSSION:	RECOMMENDATIONS	ACTIONS/ASSIGNMENTS	DATE DUE	DATE TO MAC
 B. Grundmeyer Recap of December Member Advisory Council Meeting Wellness checkup with PCP for all family members UHC Doctor Chat Presentation Spotlight-Doctor Chat app available app store or Google Play™. Behavioral Health Utilizing mental health and substance use treatment benefits Dr. Calderon shares the foundation of addressing SAD by diets, exposure to light and exercising which increase endorphins which help the brain heal and repair itself. 24/7 mental health 1-866-675-1607/nurse line 1-877-440-9409. NCQA CAHPS member experience survey last year scored 12.8 out of 13 Whistle Blower Law: Protection Act of 1989 (federal government) 	N/A			

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- UHC/LDH website fraudulent activity
- Community Outreach Activities: North and Central Louisiana

TOPIC: New Business	PRESENTER: B. Grundmeyer, A. Olden, F. Hodoh, T. Page., D. Junot, W. Duckworth, L. Smith			
DISCUSSION:	RECOMMENDATIONS	ACTIONS/ASSIGNMENTS	DATE DUE	DATE TO MAC
 Plan Updates-A. Olden Coronavirus/COVID-19 information/updates Resources CDC.gov current information on what you should know, and what to do if you are sick Situation map and global issue What are the symptoms, fever, cough, and shortness of breathe Prevention: Steps to protect yourself: handwashing with soap for 20 minutes and hand sanitizer above 60% alcohol avoid touching your eyes, nose, and mouth with unwashed hands, avoid close contact, social distancing, and cover your mouth when coughing or sneezing. Use of face mask if you have symptoms. Utilization of UHC Doctor Chat Recipes of making your own disinfectant with bleach or rubbing alcohol LA.gov specific state information parish by parish Latest: 2 cases are presumable in the State of Louisiana. Incubation period/self-quarantine 14 days symptomatology Coronavirus/COVID-19 unknown if it will run the course when it peaks similar to the flu with the approach of the warmer temperature months 	N/A			
 o Pennington Biomedical Research Center-LSU/F. Hodoh in behalf of Dr. Leanne Redman 3 studies: BabyEE Pilot- Seeking infants' between1 to 3 month of age Metabolism is a major component of health, especially infant health. Scientists are not sure how metabolism is inherited or what factors after birth may influence metabolism, so researchers at Pennington Biomedical are working to better understand the factors that impact metabolism development in infants. Connect study seeking moms and healthy infants between 2 to 5 weeks old, Breast milk, the recommended choice for infant nutrition, provides key nutrients, which support cognitive benefits. The goal of the CONNECT research study is to explore how early life nutrition and specific nutrients impact brain and cognitive development in the first 2 years of a baby's life. The Infant 31P Pilot study seeking healthy infants 10 to 28 days 				

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- old aims to develop a technique to accurately measure muscle metabolism in infants. Understanding more about muscle in infants will help researchers learn more about the factors that impact the health of people beginning in early life and continuing throughout their lifespan
- New Cancer Doctor onboard-Colon Cancer: The EXACT research study is evaluating whether a physical activity program can help improve the health of men and women who have had colorectal cancer
- OPS Study: will assess the safety and performance effects of supplemental testosterone during simulated, strenuous military stress, including underfeeding, sleep deprivation and high physical activity levels in healthy, fit young males; Be willing to live at Pennington Biomedical for 21 consecutive days. Compensation of up to \$7,500 will be offered for the completion of this study.
- MoTrPAC Study- Participants will visit the Pennington Biomedical outpatient clinic for an orientation to learn more about the study.
 Once enrolled, participants will be randomly assigned to 12 weeks of resistance exercise training, endurance exercise training, or control group. Compensation of up to \$1500 is offered for the completion of this study
- RRATE Study: will evaluate if physical activity programs, developed with input from elderly African American adults 65 – 85 years of age, can help improve brain function in areas such as attention and memory in an effort to reduce the risk of developing dementia, such as Alzheimer's disease
- Find Pennington Biomedical Research Center at www.pbrc.edu or call 225-763-0947.

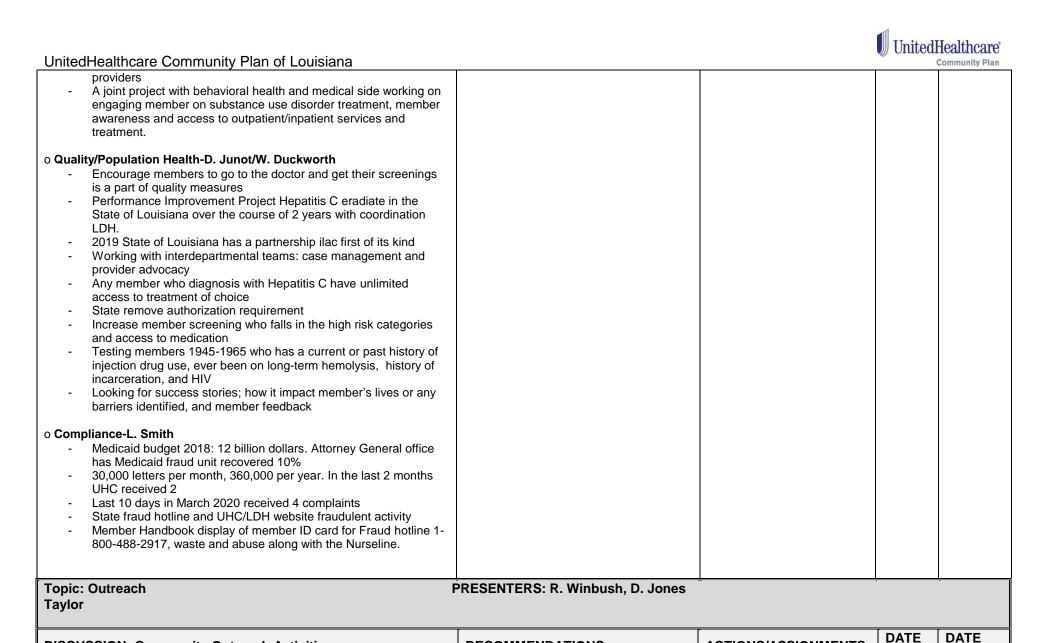
o Plan Updates-B. Grundmeyer

- UHC.com on COVID-19 information/updates and contact member services
- Healthtalk Spring edition
- What to expect to do when leaving the ER
- Your partner in health how to choose the right PCP
- Member handbook: Valued added benefits, Fraud, waste and abuse, contact member services, get to know your drug benefits, right care for you, population health and volunteer program, safe and secure with PHI, taking care preparing what to do before you see your doctor, language interpreter and health equity.

o Behavioral Health-T. Page

 Coordination of care report across the plan the importance of coordinating care between providers: medical, behavioral health or substance, resourcing to use live and work well. Releases to exchange information. Importance to have continuity of care with

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RECOMMENDATIONS

ACTIONS/ASSIGNMENTS

DUE

TO MAC

DISCUSSION: Community Outreach Activities



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	N/A			
North Louisiana				
 3/24 Woolworth Community Health Center Diabetes education class 4/4 Easter Egg Hunt with Health Hound Diabetes event in May Greater New Zion Missionary Baptist Church Heartsmart program 40 members joined along with other churches 4/14 Provider Expo Walk with Humanities UHC/Union Springs to bring awareness Headstart parent meeting with Sesame street program to educate and promote healthy eating 				
Central Louisiana Working with Ladies in Christ prayer-line Live Heartsmart program men/women via conference call begins in April Heartsmart session: Taking off pounds sensibly who meet at the Methodist Church Awareness/Prevention information sessions on the COVID-19 telephonically True Health Wellness Center grand opening in Zachary, LA. 3/20 MIECHV: Maternal Infant Early Childhood Home Visiting program annual conference and exhibiting formerly nurse family partnership Retreat Starhill Baptist Church				
TOPIC: Adjournment		PRESENTER: B. Grun	dmeyer	
DISCUSSION:	RECOMMENDATIONS	ACTIONS/ASSIGNM ENTS	DATE DUE	DATE TO MAC
At 7:05 pm, the meeting was adjourned.	N/A	Brad Grundmeyer Adjourned meeting		





2020 Member Advisory Council Meetings:

Tuesday, June 9, 2020 – 6pm

Tuesday, September 8, 2020 – 6pm

Tuesday, December 8, 2020 – 6pm